



If you've been a little hesitant to explore India on your own, come with our adventurous over 50s group of ladies and we'll unlock India's secrets together. I'll be with you every step of the way, leading this India adventure.

We are no ordinary group of travelling women. Our small groups of 6-10 Adventurous Ewes set our sights on far off lands, with amazing journeys lined up for 2024 in Morocco, Vietnam, Tuscany, Bali and India. Join us to **Escape, Wander & Explore!**

19th - 28th November 2024 - 10 days/9 nights

DELHI - TAJ MAHAL - TIGERS - PALACES OF THE RAJ - INDIAN CUISINE - PINK CITY - VARANASI

India will shower you with new experiences on a daily basis and fill your senses with intoxicating sights, sounds, smells and colours. In ten days, we may only sample a small part of India, but it's more than enough to dip our toes into the food, culture and wildlife of India. [Full Itinerary here](#)

"My first sight of the Taj Mahal took my breath away. I had no idea it would be so mesmerizing." Carrie H, Travel Writer



No-butter Butter Chicken

Follow our No-Butter Butter Chicken recipe to experience the flavours of India in your own kitchen:

[Get the recipe here!](#)

Some of us love a personal chat rather than an email :)

**BOOK A CALL WITH
MANDY**



THE FIERCE AND THE FRAGILE



We travel from the most beautiful building on earth to the realm of the most exquisite animal – the Bengal tiger! We hope to see some in Ranthambore National Park, along with other wildlife. As former hunting grounds of the Maharajas of Jaipur, the loathing of man by Jungle Books' tiger Shere Khan is understandable. There are only 3,167 tigers left on earth, and this sanctuary is one of India's principal reserves, where daytime sightings are frequent. Nature has reclaimed this park and many of the ancient fortresses and temples that once stood here. Our two-night stay is in a traditional elegant hotel, in keeping with the natural surroundings and Rajasthani culture.

The holy city of Varanasi, the spiritual capital of Hinduism, is both a religion and a way of life. Believers purify themselves in the Ganges, and we'll witness this on a boat trip as we float past the ghats - stairways down to the river. Temple bells echo through narrow lanes as we take a guided walk of the Old City. Varanasi is a great place to barter for mementos like silk, muslin and incense. Local cafes offer '*bhang lassi*', a yogurt drink infused with cannabis leaves, said to improve mood, wellbeing and sleep – optional! We end our 2-night stay in Varanasi with a sunset boat trip, with musicians and flower candle ceremony.



GODDESSES, TEMPLES & PALACES



The frenzy of Delhi gives way to the utter peace of the Taj Mahal in Agra. Considered one of the most beautiful buildings ever created, the grandeur of this enormous white marble mausoleum cannot be expressed in words. You'll understand why, when the reverence of this place washes over you. Built by Mughal Emperor, Shah Jahan as the resting place of his beloved wife, Mumtaz Mahal, it stands as an enduring testament to his love and grief. Started in 1632, it took 22 years to complete and almost 400 years later has lost none of its radiance.

Jaipur is known for its centuries-old hill forts, ornate palaces and gardens and buildings painted pink. This colour, indicating hospitality, was used to honour Queen Victoria's son Edward who visited in 1876 and has endured ever since. Jaipur's narrow streets are chaotic, with rickshaws, hooting scooters, bicycles and camel-driven carts, avoiding the monkeys and sacred cows roaming the streets. We see the sites of this Rajasthani capital. Our 5-star hotel is removed from the hustle and bustle and we dine on the rooftop, taking in sweeping views of Jaipur's old walled city.



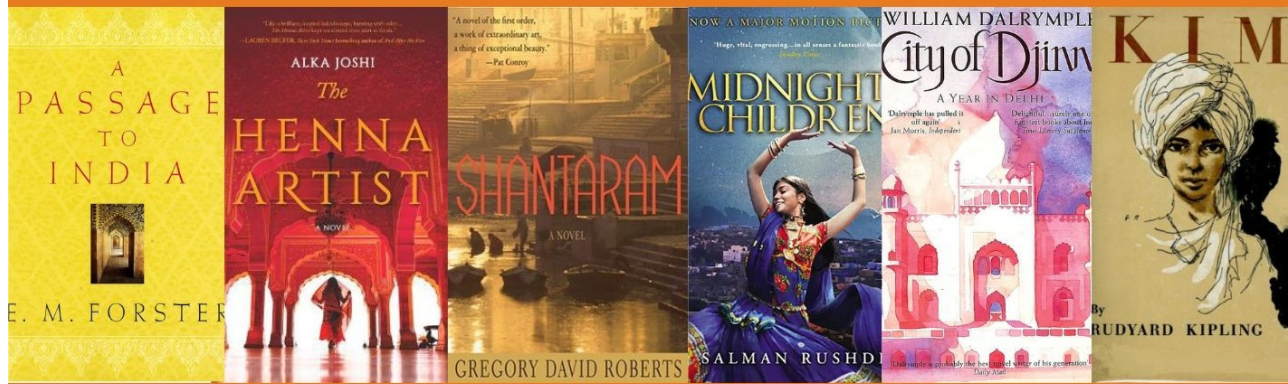
SPICE SYMPHONY



Known for its bold flavours, aromatic spices, and a wide array of vegetarian and non-vegetarian dishes, Indian cuisine is a celebration of diversity. Each region boasts its unique specialties, ranging from the fiery curries of the south, like the popular dosas and idlis, to the rich Mughlai dishes of the north, such as biryanis and kebabs. Staple ingredients like rice, lentils, and various spices like cumin, coriander, and turmeric are fundamental to Indian cooking. The use of tandoors for baking and grilling, as well as the incorporation of dairy products like ghee and paneer, contribute to the distinctive and delectable nature of Indian cuisine.

We dine in one of Delhi's oldest and most iconic fine dining restaurants, follow a foodie expert on a street tour off the beaten path, join a local family in their home for a cooking class and our farewell dinner is in a beautiful old haveli mansion dating back to 1887 where we feast on Mughlai cuisine and bid farewell to newfound Adventurous Ewes, until the next time.

GET IN THE MOOD



Passage to India by E M Forster (film and book)

A 1984 epic historical drama film based on the 1924 novel of the same name by E. M. Forster. Set in the 1920s during the period of the British Raj, the film tells the story of the interactions of several characters in the fictional city of Chandrapore, namely Dr Aziz, Mrs Moore, Adela Quested, and Richard Fielding. When newcomer to India, Adela, accuses Aziz of an attempted rape within the famed Marabar Caves, the city is split between the British elite and the native underclass as the budding friendship between Aziz and Fielding is tested. The film explores themes of racism, imperialism, religion, and the nature of relationships both friendly and marital.

Shantaram by Gregory David Roberts

A convicted Australian bank robber and heroin addict escapes from Pentridge Prison and flees to India. The novel is commended by many for its vivid portrayal of life in Bombay in the early to late 1980s

Midnight's Children by Salman Rushdie

Midnight's Children is a novel by Salman Rushdie that tells the story of Saleem Sinai, who was born at the exact moment of India's independence. As Saleem grows up, he discovers he has telepathic powers and is connected to the other children born at that same time.

Kim by Rudyard Kipling

This novel tells the story of Kimball O' Hara (Kim), who is the orphaned son of a soldier in the Irish regiment stationed in India during the British Raj. It describes Kim's life and adventures from street vagabond, to his adoption by his father's regiment and recruitment into espionage.

City of Djinn: A Year in Delhi by William Dalrymple

Sparkling with irrepressible wit, *City of Djinn* peels back the layers of Delhi's centuries-old history, revealing an extraordinary array of characters along the way—from eunuchs to descendants of great Moguls. With refreshingly open-minded curiosity, William Dalrymple explores the seven "dead" cities of Delhi as well as the eighth city—today's Delhi.

The Henna Artist, Book 1 in the Jaipur Trilogy by Alka Joshi

Escaping from an abusive marriage, seventeen-year-old Lakshmi makes her way alone to the vibrant 1950s pink city of Jaipur. There she becomes the most highly requested henna artist - and confidante - to the wealthy women of the upper class. But trusted with the secrets of the wealthy, she can never reveal her own...

BOOK NOW FOR THESE 2024 DEPARTURES



Morocco in February/March: What fun we will have in Morocco on this amazing trip full of culture, souks, deserts and palaces. Bookings are now closed for our February 2024 departure, but you will be able to join us on the trip through photos.



Vietnam in April: We get up to all sorts of adventures in scenic Vietnam. Hop onto a vespa, with your own guide, zipping through narrow alleys, glide along picturesque coconut palm fringed rivers in a basket boat, and cruising around tropical islands. This is your chance to explore south east Asia with like-minded solo women travellers.



Tuscany in May: Walk with a group of ladies in the glorious Tuscany hills. Staying on an organic farm we explore the peaks and forested valleys of the Tuscan Apennines. Add a mix of Florence, medieval villages, delicious Italian cuisine and new found friends. A beautiful adventure for fitter 50+ ladies.



Cape Town: Visit Cape Town with The Adventurous Ewe, sharing the abundant coastal beauty, historic Winelands, culinary delights and a game reserve experience with other solo lady travellers.

I wish all Adventurous Ewes a wonderful festive season with your friends and families and end 2023 with this quote.

"The Best Gift you could have given her is a lifetime of adventures"

Kind regards

Mandy

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