



ELEVATE YOUR JOURNEY:
LUXURY SMALL GROUP TOURS
FOR ADVENTUROUS WOMEN

Escape. Wander. Explore



**VIETNAM SPECIAL OFFER: BOOK WITH A FRIEND
AND YOU BOTH GET R 3 000 OFF!**

**HURRY, ONLY A FEW PLACES LEFT FOR THE
APRIL 2024 VIETNAM DEPARTURE!**

[EXPLORE VIETNAM WITH ME - 14-24 APRIL 2024](#)

It won't be long until our group of Ewes head off to springtime in Vietnam. I'm anticipating the reawakening of my taste buds indulging in delightful and healthy Vietnamese dishes. Come with me and our small group of like-minded ladies to experience the exciting sights and sounds of this south-east Asian country and its vibrant culture and exquisite landscapes.



Interview with Jenny Handley

I chat to Editor of the Gourmet Guide magazine, Jenny Handley!

[Watch the interview!](#)

www.gourmetguide.co.za

BOOK A CALL!

Here's a taster of what to expect on The Adventurous Ewe Vietnam Tour:



WHERE SOPHISTICATION MEETS SERENITY



Our luxury cruise along Ha Long Bay blends exactly that, sophistication from our deluxe balcony cabins with views overlooking the bay, where we can wind down and enjoy a drink absorbing the serenity of the stunning scenery around us.

Our travels are infused with local food and culture, and our home stay in Ky Son Village provides a peaceful and authentic glimpse into the timeless traditions of Vietnamese rural life. This idyllic village, nestled in the lush countryside of northern Vietnam, is surrounded by rice paddies, serene lotus ponds and charming wooden houses with tiled roofs. Experience the warmth and hospitality of the local people and savour delicious home-cooked Vietnamese meals. Add a bit of pampering into the mix with a fragrant steam bath and traditional foot spa and the day is complete.



REDISCOVER YOUR SENSE OF ADVENTURE



Jump on a Vespa and ride pillion, while your driver buzzes through the imperial city of Hue, exploring hidden corners. The open-air experience allows you to feel the wind on your face and enjoy unobstructed views of the surroundings.

Gliding along the river with coconut forests on either side in a conical basket boat is a lot of fun. You are not supposed to go around in circles! Leave it to the Captain who will make stops along the way to showcase some entertaining tricks. Watch the dancing boatmen in the middle of the river.



CULINARY DELIGHTS



Our culinary journey into Vietnamese food leads us to unexpected places, like street markets spitting fire from their grills and woks bubbling with the promise of spicy food. Things are a bit quieter at our vegetarian feast at the nunnery of a 17th century Buddhist monastery, whose picturesque pagoda is one of Vietnam's oldest religious sites. Our farewell dinner at a Michelin star restaurant.



GET IN THE MOOD



Dress the part for the lantern festival. To get in the mood for the Hoi An full moon lantern festival, it's fun to wear a traditional Ao dai dress, made for the occasion by a 24-hour tailor. Our trip is timed to participate in this most magical event, full of music from flutes, drums and fiddles, and shimmering lantern lights all the way through the old town and floating on the river. Street food stalls pop up in the night market all along the river, so we'll try some local delicacies, like scrumptious moon cakes.

[PLAN YOUR NEXT ADVENTURE NOW!](#)

COMING UP IN 2024



Walking in Tuscany – May 2024

HURRY - just a few places left for our fabulous walking tour of Tuscany, starting and ending in Florence. We sample the culture, food and rolling landscapes, while walking the hills and valleys and explore ancient villages, staying at an organic farm in the mountains. Sample Tuscan cuisine and learn to cook an authentic Italian pizza. This really is a tour where you meet as strangers, but leave as friends. Ciao!



Exploring India – Nov 2024

If you've been a little hesitant to explore India on your own, come with our small group of over 50s Adventurous Ewes and we'll unlock India's secrets together. India will shower you with new experiences and fill your senses with intoxicating sights, sounds, smells, colours and tastes. We visit Rajah's palaces, the Taj Mahal, the Pink City of Jaipur, the spiritual heart of Varanasi's, and go looking for Tigers!

Warmest regards

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The Adventurous Ewe

Durbanville, Cape Town South Africa



10-Days in Beautiful Bali

"I don't need therapy. I just need to go to Bali!" We visit the 'Eat Pray Love' destination and agree with author Elizabeth Gilbert that, "the people are gracious without exception," and "their art and ceremonies beautiful and restorative." We find ourselves in this tropical film location admiring the art, temples, food and culture and relaxing on the soft sandy beaches of this 'Island of the Gods'.



Exotic Morocco

Our popular Morocco tour is **FULLY BOOKED** for February 2024. Keep an eye on our Facebook, where you can follow us in pictures. This colourful destination fulfils the desire for an exotic holiday in the safety of a small group of thrill-seeking Adventurous Ewes!



Cape Town – August 2024

Welcome to Cape Town - my home town! Let me show you why the UK's Telegraph Travel Awards voted it, '**Best Worldwide City**' for eight years running. We will reach the top of Table Mountain, drive the most scenic routes along the coast and into the winelands, and sip fine vintages at historic estates. Your final surprise game drives to see some of Africa's big game.

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